

VICTORIA BEST BABIES

Fernwood Community Centre, 1240 Gladstone Avenue, Victoria, BC V8T 1G6

phone: 250-381-1552

Monday	Tuesday	Wednesday	Thursday	Friday
	February 2012	1 Pre/Postnatal Group (12pm) <ul style="list-style-type: none"> • Topic: What is Trauma? • Lunch provided • Public Health Nurse • Dietitian 	2 Prenatal Education with Nurse <ul style="list-style-type: none"> • 12-1pm • Prenatal only • Lunch 1pm Great opportunity to ask questions and learn something new!	3 Appointment Days Connect with staff to arrange a one to one visit Drop in hours 11-3pm
6 Appointment Days Connect with staff to arrange a one to one visit Drop in hours 11-3pm	7 Best Babies @ Blanshard Community Centre: <ul style="list-style-type: none"> • Drop-in visits before 12 • Lunch @ 12 • Prenatal class 12:30-1:30 • Make an immunization appointment • Dietitian and Nurse available Parent Discussion Group at Fernwood, 12:30-2 Child minding available	8 Pre/Postnatal Group (12pm) <ul style="list-style-type: none"> • Topic: Food Demo • Lunch 1pm • Public Health Nurse, Dietitian and Dental Hygienist available 	9 Prenatal Education with Nurse <ul style="list-style-type: none"> • 12-1pm • Prenatal only • Lunch 1pm Great opportunity to ask questions and learn something new!	10 Appointment Days Connect with staff to arrange a one to one visit Drop in hours 11-3pm
13 Appointment Days Connect with staff to arrange a one to one visit Drop in hours 11-3pm	14 Best Babies @ Blanshard Community Centre: <ul style="list-style-type: none"> • Drop-in visits before 12 • Lunch @ 12 • Prenatal class 12:30-1:30 • Make an immunization appointment • Dietitian and Nurse available Parent Discussion Group at Fernwood, 12:30-2 Child minding available	15 Pre/Postnatal Group (12pm) <ul style="list-style-type: none"> • Topic: MOTHERGOOSE PROGRAM! • Lunch provided • Public Health Nurse available 	16 Prenatal Education with Nurse <ul style="list-style-type: none"> • 12-1pm • Prenatal only • Lunch 1pm Great opportunity to ask questions and learn something new!	17 Appointment Days Connect with staff to arrange a one to one visit Drop in hours 11-3pm
20 Appointment Days Connect with staff to arrange a one to one visit Drop in hours 11-3pm	21 Best Babies @ Blanshard Community Centre: <ul style="list-style-type: none"> • Drop-in visits before 12 • 11:15 Topic: Vitamin D Food Activity • Lunch @ 12 • Prenatal class 12:30-1:30 • Make an immunization appointment • Dietitian and Nurse available Parent Discussion Group at Fernwood, 12:30-2 Child minding available	22 Pre/Postnatal Group (12pm) <ul style="list-style-type: none"> • Topic: Seperation Anxiety • Lunch provided • Public Health Nurse available 	23 Prenatal Education with Nurse <ul style="list-style-type: none"> • 12-1pm • Prenatal only • Lunch 1pm Great opportunity to ask questions and learn something new!	24 Appointment Days Connect with staff to arrange a one to one visit Drop in hours 11-3pm
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